

ECO-SPIRITUALITY BOOKS FOR LENDING LIBRARY: MARCH 2024

These books are on the two top shelves in the foyer.

FINDING THE MOTHER TREE: Discovering the Wisdom Of The Forest BY Suzanne Simard
Simard writes ...“trees, living side by side for hundreds of years, have evolved, how they perceive one another, learn and adapt their behaviors, recognize neighbors, and remember the past; how they have agency about the future; elicit warnings and mount defenses, compete and cooperate with one another with sophistication, characteristics ascribed to human intelligence, traits that are the essence of civil societies – and at the center of it all, the Mother Trees: the mysterious, powerful forces that connect and sustain the others that surround them.

CLIMATE: A NEW STORY BY CHARLES EISENSTEIN 2018. “This refocusing away from impending catastrophe and our inevitable doom cultivates meaningful emotional and psychological connections and provides real, actionable steps to caring for the earth. Freeing ourselves from a war mentality and seeing the bigger picture of how everything from prison reform to saving the whales can contribute to our planetary ecological health, we resist reflexive postures of solution and blame and reach toward the deep place where commitment lives.” Amazon

SAVING US: A Climate Scientists Case For Hope And Healing The World by Katherine Hayhoe 2021. “In *Saving Us*, climate scientist Katharine Hayhoe teaches all of us how to open hearts and minds to the truths of climate change. Talking about global warming with our own family and friends is one of the most important things we each can do, creating a shared understanding, rooted in empathy, to motivate action.”

— **Anthony Leiserowitz, Director of the Yale University Project on Climate Change**

ENTANGLED LIFE: FUNGI / BY Merlin Sheldrake. 2020/2023

Richard Kerridge

“When we try to pick out anything by itself, we find it hitched to everything else in the universe.” So said the nature writer John Muir. “His statement is spectacularly true of fungi. Mostly, they come to our notice as mushrooms, moulds, wood-rot, infections and antibiotics but, invisibly, they are inside us and all around us.” Guardian

WORLD AS LOVER, WORLD AS SELF by Joanna Macy 2007. “Humanity is in an existential crisis. Facing the magnitude of our global situation as individuals leaves us feeling alone, disempowered, and despairing. Who better to listen to for wisdom and solace than Joanna Macy, one of the originators of modern environmentalism, whose life's work has been to hear and heal our pain for the planet?” Amazon

THE MINISTRY FOR THE FUTURE BY Kim Stanley Robinson 2020 In Kim Stanley Robinson's anti-dystopian novel, climate change is the crisis that finally forces mankind to deal with global inequality. Bill McKibben

THIS ONE WILD AND PRECIOUS LIFE by Sarah Wilson. 2020 Wilson challenges readers to wake up to the reality of what humanity is facing today and take an active role in fighting for what we love. We're in dire straits, she says, but "once we feel into or exist in beauty, love and hope rush in." K aye Madden Yee

THE SACRED DEPTHS OF NATURE: How Life Emerged And Evolved by Ursula Goodenough 2023 "At once expansive and intimate, empirical and immanent, analytical and intuitive, material and spiritual-science and poetry get. To dance joyfully together in these apageds, allowing us to see...a our fundamental kinship with all beings, united by the forcs that propel lif'simprobable unfolding....." Robin Wall Kimmerer

RESCUING THE PLANET: Protecting Half The Land To Heal The Earth by Tony Hiss. 2018 An urgent call to protect 50 % of the earth's land by 2050. **"An urgent, resounding call to protect 50 percent of the earth's land by 2050—thereby saving millions of its species—and a candid assessment of the health of our planet and our role in conserving it,"** *New Yorker* "Beginsin the vast North American Boreal Forest that stretches through Canada, and roving across the continent, from the Northern Sierra to Alabama's Paint Rock Forest, from the Appalachian Trail to a ranch in Mexico, Random House

THE MIND OF a BEE by Kars Chillka 2022

Most of us are aware of the hive mind—the power of bees as a amazing collective. But do we know how uniquely intelligent bees are as individuals? In *The Mind of a Bee*, Lars Chittka draws from decades of research, including his own pioneering work, to argue that bees have remarkable cognitive abilities. He shows that they are profoundly smart, have distinct personalities, can recognize flowers and human faces, exhibit basic emotions, count, use simple tools, solve problems, and learn by observing others. They may even possess consciousness.

Princeton University Press

SACRED INSTRUCTIONS by Sherri Mitchell.

For all those who seek to create change, this book lays out an ancient world view and set of cultural values that provide a way of life that is balanced and humane, that can heal Mother Earth, and that will preserve our communities for future generations. SHERRI MITCHELL was born and raised on the

Penobscot Indian reservation. She received her Juris Doctorate and a Certificate in Indigenous People's Law and Policy from the University of Arizona's James E. Rogers College of Law.

Goodreads

BLESSED ARE THE CONSUMERS: by Sallie McFague

A direct challenge to consumerist society and shows us how we are all implicated. She clarifies the problems and promises of Christianity as a model that sees self and planetary flourishing as interdependent

OVERSTORY by Richard Power

Winner of the Pulitzer Prize in Fiction, is a sweeping, impassioned work of activism and resistance that is also a stunning evocation of—and paean to—the natural world. From the roots to the crown and back to the seeds, Richard Powers's twelfth novel unfolds in concentric rings of interlocking fables that range from antebellum New York to the late twentieth-century Timber Wars of the Pacific Northwest and beyond. There is a world alongside ours—vast, slow, interconnected, resourceful, magnificently inventive, and almost invisible to us. This is the story of a handful of people who learn how to see that world and who are drawn up into its unfolding catastrophe. Goodreads.com

BRAIDING SWEETGRASS by Robin Wall Kimmerer 2013

As a botanist, Robin Wall Kimmerer has been trained to ask questions of nature with the tools of science. As a member of the Citizen Potawatomi Nation, she embraces the notion that plants and animals are our oldest teachers. In *Braiding Sweetgrass*, Kimmerer brings these lenses of knowledge together to show that the awakening of a wider ecological consciousness requires the acknowledgment and celebration of our reciprocal relationship with the rest of the living world. For only when we can hear the languages of other beings are we capable of understanding the generosity of the earth, and learning to give our own gifts in return.

EMBRACE FEARLESSLY THE BURNING WORLD by Barry Lopez. 2022

In this 'Era of Emergencies' this collection of essays offers hope. **"This posthumously published collection of essays by nature writer Barry Lopez reveals an exceptional life and mind . . . While certainly a testament to his legacy and an ephemeral reprieve from his death in 2020, this book is more than a memorial: it offers a clear-eyed praxis of hope in what Lopez calls this 'Era of Emergencies.'"**—*Scientific American*

BEYOND DEBATE: by Dr. Shahir Masn;s 2018

Resolves 50 climate misconceptions in 50 chapters. Reads like a field guide. "If you are concerned that global warming may be a serious problem, but find it hard to know what to believe or how to help in the face of conflicting arguments, you will want to read this book. You don't have to be a scientist to understand Dr. Shahir Masri's explanations and solutions."

CLIMATE VERSUS PSEUDOSCIENCE by Dana Nuccitelli

Choose the scientists. "My hope is that this book will serve as a useful and understandable resource of climate science information, highlight the credibility gap between mainstream climate scientists and contrarians, and show that we have a clear path forward toward minimizing the threats posed by rapid global warming. We just need to choose to take that path". Dana

THE TREELINE: The Last Forest and The Future Of Life On Earth by Ben Rawlence

In the Traditions of Elizabeth Kolbert and Barry Lopez, a powerful, poetic and deeply absorbing account of the :lung: at the top of the world. It's a story of what might soon be the last forest left and what that means for the future of life on earth. TheShowcases the interconnectness of humans and nature, balancing poetic descriptions with analytical thoughts; beauty is at the heart of both.

GATHERING MOSS by Robin Wall Kimmerer

Gathering Moss is a beautifully written mix of science and personal reflection that invites readers to explore and learn from the elegantly simple lives of mosses.

The 100% Solution. By Solomon Goldstein-Rose. 2020. "At last---a global plan that actually adds up."--James Hansen, former director, NASA Goddard Institute for Space StudiesThe world must reach negative greenhouse gas emissions by 2050 to avoid the most catastrophic effects of climate change. Yet no single plan has addressed the full scope of the problem--until now.

MEWS OF THE UNIVERSE: poems of twofold consciousness 2015

An anthology by the acclaimed poet and translator Robert Bly here assembles a unique cross-cultural anthology that illuminates the idea of a larger-than-human consciousness operating in the universe. Brilliant introductory essays trace our shifting attitudes toward the natural world, from the "old position" of dominating or denigrating nature, to the growing sympathy expressed by the Romantics and American poets like Whitman and Dickinson. Amazon

THE HEARTBEAT OF TREES :Embracing Our Ancient Bond with Forests and Nature by Peter Wohlleben. 2022

Peter Wohlleben, renowned for his ability to write about trees in an engaging and moving way, reveals a wondrous cosmos where humans are a part of nature, and where conservation and environmental activism is not just about saving trees—it's about saving ourselves, too. Amazon
"Peter Wohlleben knows the battle that lies before us: forging a closer relationship with nature before we destroy it. In *The Heartbeat of Trees* he takes us deep into the global forest to show uhow."—Jim Robbins, author of *The Man Who Planted Trees!*

REGENERATIVE AGRICULTURE; FARMING WITH BENEFITS by Marianne Landzettel. 2021

Extended traveling in the U.S., she met farmers and ranchers who use methods of regenerative and organic agriculture. Their farms and ranches are proof that agriculture can be part of the climate solution while delivering plenty of healthy food. Their main focus is on soil quality. And by enhancing and maintaining it they make sure that future generations will be able to grow food, too.

HOW TO AVOID A CLIMATE DISASTER: The Solutions We Have And The Breakthroughs We Need. 2021

"To stop global warming and avoid the worst effects of climate change, humans need to stop adding greenhouse gasses to the atmosphere. This sounds difficult, because it will be. The world has never done anything quite like this big." Gates

Goodell, Jeff *THE HEAT WILL KILL YOU FIRST*, 385 pages 2023— Documents the lethal effects of rising Temp and argues we need take hotweather more seriously.

Beresford-Kroeger, Diana *To Speak for the Trees*, 251 pages — Uniquely blends the story of her life and achievement as a scientist. Shows how forests can heal us as people and also help save the planet.

Helen Scales *The Brilliant Abyss*, by? pages — The author, a marine biologist, writes about the deep seas elaborate eco systems which have a massive impact on our daily lives especially in weather and climate. Explores the majestic hidden life of the deep oceans and the looming threat that imperils them. Success

Ray, Sarah J. *A Field Guide to Climate Anxiety*, 216 pages — Existential tool kit for combining eco-guilt and burnout while advocating for climate justice.

Solnit, Rebecca *NOT TOO LATE*—2023 Presents a wide arrange of like-minded international contributors on the climate story. A book that provides some brightness, passion, and intelligence in darkness.

Beresford-Kroeger *TO SPEAK FOR THE TREES*, 2021 — Uniquely blends the story of her life and achievements as a scientist. Shows how forests can heal us as people and also help save the planet

Norbert-Holger Helweg *LIFE AFTER PROGRESS: Technology, Community, and the Economy* 2022
Essays dedicated to renewing ecological and social well-being by strengthening communities and local economics world wide.

Kimmerer, Robin Hall *GATHERING MOSS* 2003 A Natural and Cultural History of Mosses/

Landzettel, Marianne. 2021—*REGENERATIVE AGRICULTURE*. Stories of regenerative farmers and ranchers.

McDonough, Wm. *THE UPCYCLE: Beyond Sustainability-Designing for Abundance.* 2013 The set of ideas is about how to design safe cities, homes workplaces and how to endlessly reuse the earth's resources more efficiently and more effectively.

Lent, Jeremy THE WEB OF MEANING 2021 Integrating Science and Traditional Wisdom to find our place in the universe.

Brown, Peter, Garvee, Geoffrey. RIGHT RELATION BUILDING A WHOLE EARTH ECONOMY 2009, "...uses the core Quaker principle of "right" relationship-integrity, resilience and beauty of human and natural communities" From back cover.

Gates, Bill. 2021 HOW TO AVOID A CLIMATE DISASTER 2021. Solutions to stop greenhouse gases going to the atmosphere.

Kaufman, Ken. A SEASON OF THE WIND 2009. Inside the world of spring migration.

Earth Light: Spiritual Wisdom for an Ecological age. 2007 Quaker and other writers edited by Cindy Spring and Anthony Manonsus.

Schmelzer, Matthias, Vetter, andrea, Vansintian, Aaron. THE FUTURE OF DEGROWTH: A guide to a world beyond capitalism. 2022. Focuses on the toxic culture of capitalism and anthropogenic climate change but strains to avoid the apocalypse.

Butler, Octavia, PARABLE OF THE SOWER 1993 Science Fiction. "In the ongoing contest over which Dystopian Classic is most applicable to our times. New Yorker

Jamail and Rushworth (editors) 2022. "Indigenous People are the heroes of the climate justice movement." Melanie Yazzie

Macy, Joanna A WILD LOVE FOR THE WORLD 2020 Buddhist scholar and activist: a tribute to Macy's long engaging work relating the sacred to the path ahead.

Mackinnon, J.B. THE DAY THE WORLD STOPPED SHOPPING 2021. Way to reduce our consumption to earth

Baker, Carolyn. UNDAUNTED LIVING: FIERCELY INTO CLIMATE MELTDOWN IN AN AUTHORITATIVE WORLD. 2022.

Emergence Magazine 2021 SHORT STORIES OF THE APOCALYPSE